# Special Olympics Maryland Area Memo August 9, 2019



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## Welcome

Welcome to the August 9, 2019 edition of the SOMD Area Memo!

If there are any members of your Area's leadership who are not currently receiving the Area Memo, please send their names and email address to <a href="mailto:dweddle@somd.org">dweddle@somd.org</a> to have them included in future distributions.

#### (NEW) <u>SOMD Advance Self-Assessment</u>

Thanks to those Area Directors who have started to submit their Self-Assessment. This important survey will provide a good baseline of information as we work to develop strategic plans for each of our local program. As a reminder, we are asking that these surveys be completed by **8/15**. Again, only one survey needs to be submitted for each program and can be found here: <a href="https://www.surveymonkey.com/r/SOMDAdvance">https://www.surveymonkey.com/r/SOMDAdvance</a>

#### (NEW) SOMD Staffing Updates

There have been some staffing changes since the last Area Memo was released:

- Cara Maronek will be moving back to the classroom after a year as our IUS Program Director. While that
  position is being hired, please direct all IUS-related questions to Mike Czarnowsky
  (mczarnowsky@somd.org)
- Ryan Kelchner will complete his year as Western Region Coordinator for SOMD on 8/14 but he won't be going far! Ryan was recently hired as a Sport Director and will join Steve's team starting 8/15

Join us in welcoming to the team...

- Mike Myers (<u>mmyers@somd.org</u>): Baltimore Region Director
- Sam Boyd (<u>sboyd@somd.org</u>): Volunteer Director
- Tyler Martin (<u>tmartin@somd.org</u>): Western Region Coordinator

Special Olympics Maryland is currently hiring for a number of open positions. Please visit our employment page for full position descriptions. <a href="https://www.somd.org/connect/employment-opportunities/">https://www.somd.org/connect/employment-opportunities/</a>

- Chief Financial Officer
- Director, Special Events
- AmeriCorps Unified Champion Schools Coordinator (1-year grant position)
- Director, Interscholastic Unified Sports

#### (NEW) TU Field Hockey Game vs. UMD

Towson University Field Hockey invites Special Olympics Maryland to CHEER ON THE TIGERS in their game against University of Maryland on Wednesday, September 11, 2019 at Towson University. Athletes and their guests are invited to enjoy the game and athletes will take part in on-field pre-game festivities. Game time is 4:00pm at the Towson Field Hockey Stadium.

To sign up, please RSVP here https://www.surveymonkey.com/r/3PNLTSM

#### (NEW) Thank you, SOMD Interns!

As students prepare to head back to school and back to campus, it's time to say goodbye and thank you to our fantastic team of Summer Interns.

Each semester, Special Olympics Maryland hosts college students (and sometimes high school students!) from across the state and country to intern with our various departments? This summer, Special Olympics hosted 10 students for Marketing, Program Development, Sports, Athlete Leadership and Fundraising Internships. You probably saw this crew running around summer games, or hard at work in the office. Please join us in thanking the following students for their work this summer:

- Sean (Towson)
- Darcy (Duke)
- Naomi (Stevenson)
- Emily (Lovola)
- Cara (University of South Carolina)
- Matt (University of Richmond)
- Jack (University of North Carolina- Chapel Hill)
- Brady (Towson University)
- Taylor (Virginia Tech)
- Nam (Richard Montgomery High School)

#### (NEW) Big Bats Open – September 26, 2019

By participating in the 2019 Big Bats Open you will be helping to provide year-round sports and leadership programs for Special Olympics Maryland Upper Shore children and adults with intellectual disabilities. 100% of your donation will go to support the sports and leadership programs offered throughout the state. All of our programs are FREE to our athletes and families thanks to generous community supporters who believe in the Special Olympics mission: to give our athletes opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendships with their families, other Special Olympics athletes and the community.

Day: September 26, 2019

• Location: Queenstown Harbor 310 Links Lane, Queenstown, MD

• Start time: 10:00am

Website: www.bigbatsopen.com

### (NEW) Athlete Leadership Opportunity at Golf State Championships

WHEN: Sunday September 29, 2019

**WHAT:** Special Olympics Maryland Golf State Championships. There are many roles so

please read carefully.

WHERE: Queenstown Harbor Golf Course, 310 Links Lane, Queenstown, MD 21658

**ROLES:** 

• 1-2 Athletes to serve in the capacity to collect feedback on the **Athlete Evaluation** Form (same as we have done in the past)

o Timeframe: from 10:45am - 4:00pm

1 Athlete to recite the Athlete Oath for the Opening Ceremony

o Timeframe: 7:30am – 9:00am (this should be an athlete that is competing)

Then obviously competing in the Championships throughout the day

1 Athlete to recite the Pledge of Allegiance for the Opening Ceremony

Timeframe: 7:30am – 9:00am (this should be an athlete that is competing – but doesn't have to be)

## **Coach Sport Certification**

Earlier this year SOMD shared the new Special Olympics North America Coach Certification model which addressed the needs for continuous training of our coaches so that they can provide the best possible sport experience for our athletes. We rolled out the model effective with the 2019 Summer Games.

We had a discussion during the Saturday, July 20 Area Leader meeting on this topic and we'd like to clarify that discussion so that there as little confusion as possible (we have already heard of one Area that was somewhat confused).

First – the Coach Sport Certification model is in place and coaches are required to meet the sports certification requirement for their sport within the designated timeframe. That has not and will not change.

Second – The discussion on Saturday centered around flexibility for those coaches who, despite their honest and best efforts, are not able to meet all of the requirements in the new model for their sport in the timeframe for the current season. With Summer Games, Area Directors could request a one event (Games) waiver for specific individual coaches who made an honest and concerted effort yet were unable to meet the requirement (for example, had a significant conflict with the only scheduled live training for that sport and no online option was available). SOMD exercised flexibility in those situations at Summer Games and granted waivers in appropriate situations when requested by the Area Director (with SOMD HQ being the sole decider on when/if such a waiver would be granted).

Third – at Saturday's meeting we were gathering input but no decision was made at that time as to whether this flexibility would be continued beyond Summer Games. We can tell you that we will now allow Area Directors to make such requests for waivers through the 2019-2020 basketball season. The exact process will be provided on the Coach Resource Page within the next week or so, including a form to be completed by the Area Director that at a minimum will require an explanation of why the individual coach did not meet the requirements and description of the efforts he/she made to obtain the necessary training/certification.

Change is difficult in any situation. We certainly want to minimize the negative impact on those coaches (and the athletes of those coaches) who <u>make a sincere and significant effort to meet the requirements</u> but are unable to do so for a legitimate reason. At the same time we will not put in place a system that would allow coaches to avoid meeting the new requirements simply because they didn't want to or couldn't be bothered to complete the required training. We believe this process with Area Director requested waivers strikes the appropriate balance and will be removed once we've gone through one cycle for all sports (which will be

after the 2019-2020 basketball season). Any questions or concerns should be directed to Mike Czarnowsky, Vice President of Sports (<a href="mailto:mczarnowsky@somd.org">mczarnowsky@somd.org</a>).

#### **Upcoming Coach Education**

Please share the following dates with your coaching teams for on-line and in-person coach trainings.

Date	Course/Sport	Facility	Time		
	Cycling Coaches Training	Online	At your convenience		
8/17/2019	Coaching Special Olympics Athletes	SOMD Headquarters (must have a minimum of 7 registrants at least 2 business days in advance or may be cancelled)	9:30 a.m 1:00 p.m.		
8/24/2019	Cycling In-Person Coaches Training	Hyattsville City Hall	10:00 a.m. – 1:00 p.m.		

#### 2019 Over the Edge

Looking to raise funds for your area program? Registration is now open for the 2019 Over the Edge event and area programs will receive 70% of all funds raised for any rappeller you recruit for your county's team! Last year, Montgomery County raised close to \$20,000.

Visit: <a href="www.overtheedgemd.com">www.overtheedgemd.com</a> to register today and feel free to reach out to Jessie Hayes (<a href="mailto:jhayes@somd.org">jhayes@somd.org</a> / 646-573-6964) with any questions or concerns.

Check out last year's exciting event <a href="here">here</a>. Our event this year takes place on **Saturday, November 2<sup>nd</sup>** at 2 Bethesda Metro Center.

#### (UPDATED) Coaching Special Olympics Athletes – Looking For Prospective Instructors From Areas

Coaching Special Olympics Athletes is an exceptional course, and in the new Coach Sport Certification Model, it is a required course for virtually all coaches in community programs. While offered as both a live and an online course, it is much better as a live course with a great deal of interaction among the prospective coaches. To continue to offer this course live, we need additional instructors.

We will be hosting a Train-the-Trainer session for the Coaching Special Olympics Athletes (CSOA) course on Saturday, September 7, 2019, at SOMD HQ. This is a day-long course (9:00 a.m. – 5:00 p.m.) and will prepare up to 20 Area coaches and leaders to present the CSOA course throughout the state. We will be making some direct invitations from HQ, and we would like to have Areas nominate additional individuals so the CSOA course can be offered live throughout the state and as often as is needed for all SOMD coaches to be able to complete it and a convenient location.

Requirements for prospective trainers are as follows:

- Must be nominated by their Area Director
- Must have significant experience as a sports coach of individuals with intellectual disabilities (5+ years)
- Must commit to taking/retaking the online version of CSOA <u>during the three weeks prior</u> to the live session on September 7 (SOMD will reimburse the course fees from HK)
- Must commit to presenting CSOA class a minimum of three times per year either as an individual instructor or co-presenter (typically in their "region" of the state).
- Must agree to follow all guidelines and requirements for CSOA courses
- Must be a prime representative of the ideals and ethics of coaching
- Must consistently represent Special Olympics and SOMD in a positive and professional manner

Nominations will only be accepted by Area Directors and will be accepted through the following survey link: <a href="https://www.surveymonkey.com/r/CSOA">https://www.surveymonkey.com/r/CSOA</a> T3 2019Q3. Nominations will be accepted through Tuesday, August 27, 2019. Nominees will be informed of their status for the course no later than Thursday, August 29 (sooner if nominations are made prior to the August 27 deadline).

We will be hosting a second webinar-based "refresher" training session for previous CSOA instructors Monday evening, August 12, beginning at 7:00 p.m.. This session is only for those individuals who were previously certified as instructors for CSOA and will cover changes to the course and the process for scheduling a session. Appropriate individuals can register using the following link: <a href="https://attendee.gotowebinar.com/register/4550099474047269388">https://attendee.gotowebinar.com/register/4550099474047269388</a>.

#### Golf Season - Special Olympics Maryland

Golf season is here! Please make sure to check the Sports Calendar for information pertaining to the Area/County Qualifying Golf Competitions leading up to the State Championships. Reminder that each participating Area/County Program should host at least one competition during the season, and please make sure to submit a Sanction Form for the competition. The Sanction Forms can be submitted to Steve Bennett at: <a href="mailto:coaches@somd.org">coaches@somd.org</a>

Information will be communicated relating to the registrations for these competitions at a later date.

#### 2019 Rockfish Open

Be a part of the most rewarding Rockfish Tournament in the state of Maryland! Join Special Olympics Maryland at one of our two locations for the 2019 Maryland Rockfish Open on Saturday, October 26<sup>th</sup> and help support the 8,033 athletes of Special Olympics Maryland.

We have a new location this year: Sunset Cove

Please see link to the 2019 Rockfish Open website: https://give.classy.org/2019rockfishopen

#### (UPDATED) GMS Resource Page Updated

A few months ago SOMD added a GMS Resources Page to the Coach Resource Page on the SOMD website. This past weekend we added step by step instructions on how Area GMS users can:

- run reports for Coach Sport Certifications (including how to customize for their Area)
- run reports for training sessions completed by their coaches (including how to customize for their Area)

### Medical Volunteers...Join the Team!

Our Medical Team is looking for a few additional volunteers to join the medical team. Volunteers must have a valid medical credential (EMT, Nurse, Doctor) and be willing to provide volunteer medical support at both state and local competitions. If you know someone ready to volunteer, please have them email Pam Greenwood, SOMD Medical Coordinator (<a href="medicaldir@somd.org">medicaldir@somd.org</a>) OR direct them to the Medical Team VolunteerHub page at <a href="medicalteam.somd.volunteerhub.com">www.medicalteam.somd.volunteerhub.com</a>.

#### Area Memo Open to Area Announcements

Do you have an upcoming event that you'd like to announce, a volunteer that deserves a special shout out, or maybe a recent 'win' for your program that you'd like to share with other area programs. Your contributions to the Area Memo are welcomed and appreciated! Please send any announcements that you'd like included in the Area Memo to Danielle Weddle (dweddle@somd.org).

### (UPDATED) <u>Pre-Season and Pre-Competition Webinars</u>

The dates and time for Pre-Season and Pre-Competition webinars have been set for the upcoming seasons. Please share this info with your coaches and sports volunteers.

### **Pre-Season Coaches Webinars**

Sport	Date/Time	Registration / Recording Link			
Bowling	Thu 8/15	https://attendee.gotowebinar.com/register/6632742720473931789			
BOWIIIIg	7:00 p.m.	Tittps://attendee.gotowebillar.com/register/0032742720473931789			
Cycling	Tue 8/13	https://attendee.gotowebinar.com/register/3107056431428835341			
Cycling	7:00 p.m.	Tittps://attendee.gotowebillar.com/register/5107050451428855541			
Distance	Wed 8/14	https://attendee.gotowebinar.com/register/9041148173666400012			
Running	8:00 p.m.				
Flag Football	Thu 8/01	Recording: <a href="https://www.youtube.com/watch?v=zqYxI7FtYfc&amp;feature=youtu.be">https://www.youtube.com/watch?v=zqYxI7FtYfc&amp;feature=youtu.be</a>			
Golf	Wed 7/17	Recording: <a href="https://www.youtube.com/watch?v=LqqX_H1yk4Y&amp;feature=youtu.be">https://www.youtube.com/watch?v=LqqX_H1yk4Y&amp;feature=youtu.be</a>			
Kayaking	Thu 5/23	Recording: <a href="https://www.youtube.com/watch?v=R1sg02Cr5ho&amp;feature=youtu.be">https://www.youtube.com/watch?v=R1sg02Cr5ho&amp;feature=youtu.be</a>			
Powerlifting	Wed 8/14	https://attendee.gotowebinar.com/register/8467738566130042380			
Powerming	7:00 p.m.	Tittps://attendee.gotowebinar.com/register/8467758500150042580			
Soccer	Wed 8/21	https://attendee.gotowebinar.com/register/3189719915646348555			
Juccei	7:00 p.m.	Tittps://attendee.gotowebinar.com/register/5169/19915040546555			
Tennis	Thu 8/01	Recording:			

## **Pre-Competition Coaches Webinars**

Sport	Date/Time	Registration / Recording Link					
Bowling -	Tue 11/05	https://attendee.gotowebinar.com/register/4167640949535073805					
Regionals	7:00 p.m.	Tittps://attendee.gotowebinar.com/register/4107040343333073803					
Bowling -	Tue 12/03	https://attendee.gotowebinar.com/register/2784322280885929485					
Championship	7:00 p.m.	Tittps://attendee.gotowebinar.com/register/2764322280063323463					
Cycling	Tue 10/15	https://attendee.gotowebinar.com/register/729198709130645773					
Cycling	7:00 p.m.	Tittps://attendee.gotowebmar.com/register/723130703130043773					
Distance	Wed 10/09	https://attendee.gotowebinar.com/register/8209744759742188300					
Running	8:00 p.m.	Tittps://attendee.gotowebinar.com/register/0203744733742108300					
Flag Football	Tue 10/08	https://attendee.gotowebinar.com/register/360674298355497739					
r lag i Ootball	8:00 p.m.	Tittps://attendee.gotowebinar.com/register/300074258333457735					
Golf	Thu 9/19	https://attendee.gotowebinar.com/register/3142645423136427020					
doll	7:00 p.m.	Tittps://attendee.gotowebinar.com/register/3142043423130427020					
Kayaking –	Tue 8/06	Recording: https://www.youtube.com/watch?v=4dILOIjTPw4&feature=youtu.be					
Pre-trails	140 0,00	necording. https://www.youtube.com/watch:v=4arconfr w+xrcature=youtu.be					
Kayaking –	Tue 8/20	https://attendee.gotowebinar.com/register/125703163931242508					
Pre-Finals	7:00 p.m.	inteps.//attendee.gotowebinar.com/register/123703103331242308					
Powerlifting	Wed 10/09	https://attendee.gotowebinar.com/register/7231578533742419724					
rowermung	7:00 p.m.	Tittps://attendee.gotowebinar.com/register/7231378333742413724					
Soccer	Thu 10/10	https://attendee.gotowebinar.com/register/3374712747019729419					
30000	7:00 p.m.	Tittps://attendee.gotowebinar.com/register/3374712747013729419					
Tennis	Tue 10/08	https://attendee.gotowebinar.com/register/3414913091154440971					
16111115	7:00 p.m.	Tittps://attendee.gotowebinar.com/register/54149150911544409/1					

## **Community Sports Registration Deadlines Set Through End of 2019**

Registration Deadlines for community sports through the end of 2018 have been set and are incorporated into the Sports Calendar included with this email. They are summarized below for your convenience as well.

Event/Sports	State Championship	Training Registration	Outstanding Forms	Competition Registration
Kayaking	8/24/2019	7/11/2019	7/18/2019	8/1/2019

Golf	9/29/2019	8/15/2019	8/22/2019	9/5/2019
Fall Sports Festival (cycling, distance running, flag football, powerlifting, tennis)	10/19/2019	8/29/2019	9/10/2019	10/3/2019
Soccer	10/27/2019	8/29/2019	9/26/2019	10/3/2019
Bowling – Regionals	11/10/2019	0/22/2010	10/2/2010	10/17/2019
Bowling - Championships	12/08/2019	9/23/2019	10/3/2019	11/28/2019

## **Sports Directors – Assigned Sports**

If you have questions regarding a specific sport, coach education, or competition, please work with the corresponding Sport Director.

- Melissa Anger, Sports Director
  - o manger@somd.org, 410.242.1515 x122
    - Basketball
    - Cheerleading
    - Flag Football
    - Soccer
    - Softball
    - Tennis
    - Locally Popular Sports: Cross Country Skiing, Duckpin Bowling
- Zach Cintron, Sports Director
  - o <u>zcintron@somd.org</u>, 410.242.1515 x161
    - Bowling (10 pin)
    - Cycling
    - Kayaking
    - Snowshoeing
    - Swimming
    - Locally Popular Sports: Figure Skating, Sailing, Short Track Speed Skating, Volleyball
- TBD, Sports Director
  - o <u>sbennett@somd.org</u>, 410.242.1515 x102
    - Alpine Skiing
    - Athletics
    - Bocce
    - Distance Running
    - Golf
    - Powerlifting
    - Locally Popular Sports: Dance, Equestrian Sports, Floor Hockey

## **Questions?**

**If You Have Any Questions on Any Other Non-Sports-Related Issues**, please contact a member of the Local Program Team

- Jeff Abel, Vice President. Local Program Development
  - o jabel@somd.org, 410-242-1515 ex. 121
  - Any general question
- Claire Huston, Development Services Coordinator
  - o <u>chuston@somd.org</u>, 410-242-1515 ex. 145
  - o All Local Program Fundraising

## • Pat Cullinan, Northern Chesapeake Region Director

- o pcullinan@somd.org, 410-242-1515
- Harford, Cecil, and Kent Counties

### Mike Myers, Baltimore Region Director

- o <u>mmyers@somd.org</u>, 410-242-1515
- Baltimore County and City

## • Ron Freeman, Baltimore City Coordinator

- o <u>rfreeman@somd.org</u>, 410.598.1027
- o Baltimore City Public Schools, Baltimore City Rec and Parks

### • Tyler Martin, Western Region Coordinator

- o <u>tmartin@somd.org</u>, 717-321-3642
- o Frederick, Washington, Allegany, Garrett Counties

## • Ryan Kelchner, AmeriCorps Western Region Coordinator (Until 8/14)

- o <u>rkelchner@somd.org</u>, 410-242-1515
- Western Maryland (Frederick, Washington, Allegany, and Garrett Counties)

Туре	Event	Location	s Maryland Sports and  Facility	Competition Date(s)	Pre-Season Webinar Date(s)	Pre-Competition Webinar Date (s)	Training Registration Deadline (in GMS)**	Last Date To Submit Missing Forms**	Competition Registration Deadline (in GMS)**
Community	Kayaking Time Trials (Required)	Chestertown, MD	Washington College	8/10/2019	5/22/2010	8/6/2019	7/44/2040	7/10/2010	0/4/2040
Community	Kayaking Championships	Chestertown, MD	Washington College	8/24/2019	5/23/2019	8/20/2019	7/11/2019	7/18/2019	8/1/2019
Community	2019 Golf NIT	Nashville, TN	TBD	9/22-25/19	NA	NA			
Community	Golf Championship	Queenstown, MD	Queenstown Harbor Golf Course	9/29/2019	7/17/2019	9/19/2019	8/15/2019	8/22/2019	9/5/2019
Community	Fall Sports Festival (Cycling, Distance Running, Flag Football, Powerlifting, Tennis)	Emmitsburg, MD	Mount St. Mary's University Fort Richie (Cycling)	10/19/2019	Cycling: 8/13 Dist. Run: 8/14 Flag Football: 8/15 Powerlifting: 8/14 Tennis: 8/13	Cycling: 10/15 Dist. Run: 10/09 Flag Football: 10/08 Powerlifting: 10/09 Tennis: 10/08	8/29/2019	9/10/2019	10/3/2019
Community	Soccer Tournament	Fruitland, MD	Crown Sports Center	10/27/2019	8/21/2019	10/10/2019	8/29/2019	9/26/2019	10/3/2019
IUS	Unified Tennis Championships	Towson, MD	Loyola University	11/5/2019	TBD	TBD	TBD	TBD	TBD
Community	Bowling - Regional Tournaments	Various locations	Various locations	11/10/2019	8/15/2019	11/5/2019	9/23/2019	10/3/2019	10/17/2019
Community	Bowling - State Championships	Gaithersburg, MD	Bowl America Gaithersburg	12/8/2019	6/15/2019	12/3/2019			11/28/2019
Community	Winter Games - On-Snow Training #1	Mercersburg, PA	Whitetail Resort	1/11/2020	NA	NA	TBD	TBD	TBD
IUS	Unified Strength & Conditioning	Wye Mill, MD	Chesapeake College (tentative)	TBD	TBD	TBD	TBD	TBD	TBD
IUS	Unified Indoor Bocce	Hagerstown, MD	Hagerstown Comm Coll (tentative)	TBD	TBD	TBD	TBD	TBD	TBD
Community	Winter Games - On-Snow Training #2	Mercersburg, PA	Whitetail Resort	2/8/2020	NA	NA	TBD	TBD	TBD
Community	Winter Games - Time Trials and Winter Games	Mercersburg, PA	Whitetail Resort	2/23-25/2020	Alpine: 11/26 Snowsh. TBD	Alpine: 2/17 Snowsh. TBD	TBD	TBD	TBD
Community	Basketball Tournament	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD
IUS	Unified Outdoor Bocce	Chestertown, MD	Washington College (tentative)	TBD	TBD	TBD	TBD	TBD	TBD
IUS	Unified Team Track & Field	Hyattsville, MD	PG Sports & Learning (tentative)	TBD	TBD	TBD	TBD	TBD	TBD
Community	2020 Summer Games	Towson, MD	Towson University and Cockeysville Middle School	6/5-7/2020	Athletics: TBD Bocce: TBD Cheerleading: TBD Softball: TBD Swimming: TBD	Athletics: TBD Bocce: TBD Cheerleading: TBD Softball: TBD Swimming: TBD	TBD	TBD	TBD
If you have any questions regarding this calendar, additions of local/regional competitions, or any other sports related issue, please contact the appropriate Sports Director:  - Melissa Anger (manger@somd.org): Basketball, Cheerleading, Flag Football, Soccer, Softball, Tennis  - Tack Ciston (related @somd.org): Basketball, Cheerleading, Flag Football, Soccer, Softball, Tennis				information to their Area Le any way in a Special Olympi without an up-to-date volun	adership a minimum of one w cs program without an up-to-c teer application and complete Idlines for Coaches to have co	eek prior to these dates date medical; no volunte d background screening	to allow for timely submis er may participate in any .)	SOMD HQ. Coaches must have this ssion. (No athlete may participate in way in a Special Olympics program ach Certification and to have	

#### 2019 Special Olympics Maryland Sports and Competition Calendar - UPDATED 07/23/2019 2019 Coach Education & Development Events Date Course/Sport Location Comments To Register SOMD Headquarters 7/27/2019 **Coaching Special Olympics Athletes** Baltimore 9:30 a.m. - 1:00 p.m. https://www.surveymonkey.com/r/CSOAQ3 https://www.surveymonkey.com/r/19FFTrainings 7/28/2019 Flag Football In-Person Coaches Training Frederick Emerald Farms Park 10:00am-1:00pm https://www.surveymonkey.com/r/VB88B7M 10:00am-2:00pm 8/4/2019 **Bowling** In-Person Coaches Training Gaithersburg Bowl America 8/17/2019 Coaching Special Olympics Athletes Baltimore SOMD Headquarters 9:30 a.m. - 1:00 p.m. https://www.surveymonkey.com/r/CSOAQ3 Areas Interested in Hosting Coach Training Events - Please Contact the Appropriate Sport Director

	2019 Area / Regional / District Competions & Events							
Туре	Event	Location	Facility	Competition Date(s)	Sport	Notes		
Community	FR Kayaking Competition	Thurmont	Cunningham Falls State Park	7/27/2019	Kayaking	FR only (100, 200, 500)		
Community	AA Kayaking Competition	Millersville	Arlington Echo	7/27/2019	Kayaking	AA only (100, 200, 500, 1000)		
Community	SM Kayaking Competition	Hollywood	Greenwell State Park	7/29/2019	Kayaking	SM Only (200 & 500)		
Community	KE Kayaking Competition	Chestertown	Hodson Boathouse - WA College	8/3/2019	Kayaking	Limited openings for other programs - Contact Jack Brosius (jack.rosincreek@gmail.com)		
Community	SM Golf Competition	Mechanicsville	Wicomico Shores	8/11/2019	Golf	Waiting for Sanction Form		
Community	SM Golf Competition	Patuxent River	Cedar Point - Naval Base	8/17/2019	Golf	Need list of attendees well in advance - must be US Citizen (since on Naval base)		
Community	AA Golf Competition	Pasadena	Compass Pointe	8/18/2019	Golf	Level 1-5		
Community	HO Golf Competition	Columbia	Fairway Hills	8/24 or25/19	Golf	Waiting for Sanction Form		
Community	MO Golf Competition	Mt. Airy	Rattlewood	9/1/2019	Golf	Level 1 (limit of 50) /Limit of 17 tee times (3 teams per tee time)		
Community	HO Golf Competition	Ellicott City	Turf Valley	9/7/2019	Golf	Levels 2-5 (20 tee times)		
Community	FR Golf Competition	Frederick	Clustered Spires Golf Club	9/8/2019	Golf	Levels 1-5 (limited to 39 teams on the course - assuming 13 tee times with 3 teams per)		
Community	HO Flag Football League	Elkridge	Troy Park	9/14/2019	Flag Football	Contact Melissa Anger (manger@somd.org) to Register. Times 1pm-6pm		
Community	HO Soccer League	Ellicott City	Cedar Lane Park East	9/14/2019	Soccer	Contact John McDonough (jmcdonough@KeswickHomes.com)		
Community	HO Long Distance Running	Fulton	Lime Kiln Middle School	9/15/2019	Long Dist. Running	Contact John Worley (worley.ann@gmail.com)		
Community	HO Flag Football League	Elkridge	Troy Park	9/21/2019	Flag Football	Contact Melissa Anger (manger@somd.org) to Register. Times 1pm-6pm		
Community	HO Soccer League	Ellicott City	Cedar Lane Park East	9/21/2019	Soccer	Contact John McDonough (jmcdonough@KeswickHomes.com)		
Community	HO Flag Football League	Elkridge	Troy Park	9/28/2019	Flag Football	Contact Melissa Anger (manger@somd.org) to Register. Times 5pm-10pm		
Community	HO Soccer League	Ellicott City	Cedar Lane Park East	9/28/2019	Soccer	Contact John McDonough (jmcdonough@KeswickHomes.com)		
Community	5K on the Runway	Frederick	Frederick Municipal Airport	9/28/2019	Long Dist. Running	Contact Steve Bennett(sbennett@somd.org) or Betsy Jiron (bjiron@somd.org)		
Community	Required Flag Football Qualifier	Elkridge	Troy Park	10/5/2019	Flag Football	All Teams Registered. Timing 9am-3pm		
Community	HO Soccer League	Ellicott City	Cedar Lane Park East	10/5/2019	Soccer	Contact John McDonough (jmcdonough@KeswickHomes.com)		
Community	5K Tunnel Run	Baltimore		10/6/2019	Long Dist. Running	More information to come		
Community	HO Flag Football League	Elkridge	Troy Park	10/12/2019	Flag Football	Contact Melissa Anger (manger@somd.org) to Register. Times 5pm-10pm		
Community	HO Soccer League	Ellicott City	Cedar Lane Park East	10/12/2019	Soccer	Contact John McDonough (jmcdonough@KeswickHomes.com)		
Community	NIRSA Flag Football Invitational (Tentative)	College Park	Univ. of Maryland	11/15-17/19	Flag Football	By Invitation		
Community	Duckpin Bowling	Hagerstown	Southside Lanes	3/22/2020	Duckpin Bowling	Locally Popular Sport- Contact Melissa Anger (manger@somd.org)		
Community	PG Spring Games	Hyattsville	Prince George's Sports& Learning Complex	4/30/2020	Athletics	school-based; not open to visiting Community programs.		
Community	HO Athletics Competition	TBD	TBD	5/2/2020	Athletics			

# 2019 Event Calendar



2019 MSP Polar Bear Plunge January 24<sup>th</sup>, 25<sup>th</sup> & 26<sup>th</sup> 2019 Sandy Point State Park www.plungemd.com

2019 Deep Creek Dunk February 23<sup>rd</sup> 2019 Deep Creek Lake www.dunkmd.com

2019 Winter Games February 24<sup>th</sup> – 26<sup>th</sup> 2019 Whitetail Resort www.somd.org

2019 Basketball Tournament March 30<sup>th</sup> – 31<sup>st</sup> 2019 Hood College and FCPS Sites www.somd.org

2019 Summer Games June 7<sup>th</sup> – 9<sup>th</sup> 2019 Towson University www.somd.org

2019 Kayaking Championships August 24<sup>th</sup> 2019 Washington College www.somd.org

11<sup>th</sup> Annual Big Bats Open September 26<sup>th</sup> 2019 Queenstown Harbor Golf, Queenstown Md www.somd.org

State Golf Championships September 29<sup>th</sup> 2019 Queenstown Harbor Golf, Queenstown Md www.somd.org

11<sup>th</sup> Annual Tunnel Run October 6<sup>th</sup> 2019 Fort McHenry Tunnel Baltimore, Md www.tunnelrun.org Fall Sports Festival October 19<sup>th</sup> 2019 Mount St. Mary's University, Emmitsburg, Md www.somd.org

6<sup>th</sup> Annual Maryland Rockfish Open October 26<sup>th</sup> 2019 Mike's Crabhouse South-Riva www.somd.org

State Soccer Tournament October 27<sup>th</sup> 2019 Crown Sports, Fruitland Md www.somd.org

Over The Edge November 2<sup>nd</sup> 2019 Bethesda, Md www.somd.org

Interscholastic Unified High School Team Tennis November 2019 Loyola University www.somd.org

State Regional Bowling Tournaments November 10<sup>th</sup> 2019 Various Locations in Maryland www.somd.org

State Bowling Championships December 8<sup>th</sup> 2019 Bowl America, Gaithersburg, Md www.somd.org

St. Mary's Splash
December 2019
Point Lookout State Park, Scotland, Md
www.somd.org